



2024 Health-Related Observances

January

Thyroid Awareness Month
Cervical Health Month
National Blood Donor Month
Glaucoma Awareness Month
National Birth Defects Awareness and Prevention Month

February

American Heart Month
National Cancer Prevention Month
National Eating Disorder Awareness Week (February 26th – March 4th)
World Cancer Day (February 4th)

March

National Nutrition Month
National Sleep Awareness Week (March 10th-16th)
National Bleeding Disorders Awareness Month
Brain Injury Awareness Month

April

Alcohol Awareness Month
National Autism Awareness Month
Stress Awareness Month
National Public Health Week (April 1st - 7th)
Patient Experience Week (April 22nd – 28th)
World Health Day (April 7th)

May

Arthritis Awareness Month
Mental Health Awareness Month
National Women's Health Month
Skin Cancer Prevention and Awareness Month
Children's Mental Health Awareness Week (May 5th-11th)

June

Alzheimer's and Brain Awareness Month
Men's Health Month
National Cancer Survivors Day (June 2nd)
Autistic Pride Day (June 18th)

July

Sarcoma Awareness Month
Health Vision Month
National Minority Mental Health Awareness Month

August

National Immunization Awareness Month
World Lung Cancer Day (August 1st)
National Breastfeeding Month

September

Blood Cancer Awareness Month
Childhood Cancer Awareness Month
Sexual Health Awareness Month
National Suicide Prevention Week (September 8th - 14th)

October

Health Literacy Month
National Breast Cancer Awareness Month
National Physical Therapy Month
National Dental Hygiene Month
National Health Education Week (October 21st – 25th)

November

National Diabetes Month
Lung Cancer Awareness Month
Stomach Cancer Awareness Month

December

World AIDS Day (December 1st)
National Impaired Driving Prevention Month
International Day of Persons with Disabilities (December 3rd)